

Beef Chili Soup Mix in a Bottle

Layer following ingredients in a 16oz Ecobottle:

- 1/3 cup dried minced onions
- 2 to 3 tablespoons chili powder
- 2 tablespoons dried cilantro or parsley flakes
- 2 teaspoons ground cumin
- 1 teaspoon salt
- 1/2 teaspoon dried minced garlic
- 1/2 cup dried red kidney beans
- 1/2 cup dried navy beans
- 1/2 cup dried black beans

Close bottle securely; Attach a gift tag with these instructions:

Beef Chili Soup Mix in a Bottle

In a Dutch oven, brown 2 pounds ground beef or 2 lbs of boneless chuck in 1 tablespoon of vegetable oil; drain.

Add ingredients from the bottle, plus 6 cups water; bring to a boil, reduce heat, cover and simmer for 1 1/2 to 2 hours, until beans are tender.

Add 2 large cans of tomatoes with juice. Bring to a boil; reduce heat, cover and simmer for 15 minutes. Makes 8 servings.

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