

Have a Tupperware Birthday Party in May and I'll bake the cake!

You can have your cake and eat it, too!

OVER THE TOP CAKE

1 pkg. (18.25 oz.) German chocolate cake mix, prepared

1/2 cup fat-free sweetened condensed milk

1 (12 oz.) jar fat-free caramel sauce

Non-stick spray

Optional Toppings—But So-o-o Good:

1 (8 oz.) container reduced fat, non—dairy whipped topping

Toffee Bits

Spray Heat 'n Serve 6 1/4 cup Round Container with cooking spray. Pour batter in a Heat 'n Serve 6 1/4 cup Round Container, do not scrape bowl clean. Microwave uncovered on High for 6-8 minutes or until toothpick tests clean. Rotate cake every 2 minutes if you don't have a turntable. Allow cake to cool for 5 minutes before inverting onto serving plate. Using a large diameter straw such as a Whistle Straw poke several holes into the cake. Pour condensed milk over these holes; allow time for cake to absorb milk. Pour caramel sauce over entire cake. Serve by itself or with whipped topping and toffee bits.

SKINNY CHOCOLATE CAKE

1 pkg. (18.25 oz.) chocolate cake mix

1 cup water

1/3 cup fat-free salad dressing or mayonnaise

3 egg whites or 6 Tbsp. liquid egg whites

In a Mix-N-Stor Plus Pitcher, combine first 5 ingredients, blending well with Saucy Silicone Spatula.

Spray Heat 'n Serve 6 1/4 cup Round Container with cooking spray. Pour batter into prepared container and place in microwave uncovered. Microwave on High for 7-10 minutes (depending on microwave power) rotating container during baking; cake should pull away from sides slightly and be a little sticky on top. Toothpick should test clean when inserted into center of cake. If necessary, microwave an additional minute and check; repeat until done.

Cool 4-5 minutes and invert onto serving plate. Serve plain or with a dusting of powdered sugar or simple glaze.

QUICK ANGEL FOOD CAKE

1 pkg. Angel Food Cake mix (1 step)

1 can cherry or blueberry pie filling

1 Cool Whip, thawed

In Tupperware Bowl combine water from recipe and cake mix by hand until well mixed. Spray Rock 'N Serve Large Deep with non-stick cooking spray. Pour half of batter into Rock 'N Serve Large Deep.

Microwave on High 3 -4 minutes. Let cool for 2 minutes. Remove cake. Pour remaining half of batter into Rock 'N Serve Large Deep. Microwave on High 3 -4 minutes. Let cool in container. Pour pie filling over bottom layer in container, cover with top layer. Frost with Cool Whip. Very good and quick.