

Ice Tup Recipes



Chocolate Fudgecicles

1 QT chocolate Milk
2 egg yolks, no whites.

1 cup sugar

Mix ingredients. Stir Well. Pour into Ice Tups. Freeze. Makes 18.

Coco Fudgecicles

3 tbsp Instant Cocoa Mix
dash of salt
Vanilla

2 or 3 Tbsp sugar
2 eggs
2 1/2 cups milk

Beat eggs and add other ingredients. Pour into Ice Tups. Freeze. Makes 12.

Cream Fudgecicles

1 Pkg. instant chocolate pudding
1/2 cup cream

1/2 cup sugar
2 cup milk

Mix ingredients. Pour into Ice Tups. Freeze. Makes 12.

Rocky Road Pops

1 pkg. of chocolate pudding
1/4 cup peanuts

1/2 c. marshmallows

Mix all ingredients and pour into Ice Tups

Ice Cream Pops

1 ½ cups Milk
2 tsp. vegetable oil
½ cups of diced fruit

2 Tbsp. Honey
1 tsp. vanilla
1 cup whipping cream

Pull all ingredients into the blender for 2-3 minutes or until smooth. Pour mixture into Ice Tups and freeze.

Fast Flavored Pops

1 pkg. instant pudding (any flavor) 2 ½ cups water

Mix and pour into Ice Tups. Freeze & Enjoy!

Orange Pops

1 pkg. Orange Jello
1 cup boiling water

1 pkg. Orange Kool-Aid
1 cup Orange Juice

Dissolve the Kool-aid and Jello in boiling water. Add the Orange juice. Pour mixture into Ice Tups and freeze!

Pina Colada Pops

While pineapple choice, coconut, and banana in a blender, then fill Ice Tups molds and freeze.

Rocket Pops

Layer red, then white, then blue for festive popsicles.

- * Red: Kool-Aid, fruit punch, berry juice, red Jell-O
- * White: white grape juice, milk, yogurt, coconut/vanilla pudding, vanilla fruit shake
- * Blue: Kool-Aid or Jell-O

Snow Pops

1 – 8oz pkg. cream cheese, softened
½ pint heavy whipping cream
1 – 15oz. pkg. of frozen berries (your choice), thawed

¼ c. pure honey
3 cups mini marshmallows

Gradually add honey into the cream cheese & blend well. Stir in un-drained fruit. Fold in whipped cream and marshmallows. Fill Ice Tups. Enjoy!

Added ideas for these recipes:

- Make them like parfait cups and alternate layers using whipped topping.
- Add chocolate chips, sprinkles, marshmallows, coconut, nuts or whatever.
- Add food coloring to give added beauty to them!