

Sweet N Sour Marinade

2 Tablespoons Sugar

1/2 cup oil

1/4 cup apple cider vinegar

Double or triple as needed for quantity

Teriyaki Marinade

6 oz soy sauce

3 oz peanut oil

4 plus teasp garlic powder

5 tblsp brown sugar

2 tblsp ground ginger root

Mix together and marinate meat over night.

Hawaiian Marinade

Lg Can of pineapple with juice (any type)

1/4 cup ketchup

1/4 cup brown sugar

1/8 cup hot sauce

Med Onion sliced

3 tblsp Garlic powder

2 tblsp Onion powder or salt

3 tblsp Worcestershire sauce

Exceptional with Chicken breasts or wings

Bar B Q for Ribs

1/2 cup broth

1/4 cup apple cider vinegar

1/4 cup sugar

2 oz Worcestershire sauce

1/2 cup ketchup

1/2 teasp mustard

Add flour and water to thicken